Suicide Data: United States

Suicide is a public health problem and leading cause of death in the United States. Suicide can also be prevented – more investment in suicide prevention, education, and research will prevent the untimely deaths of thousands of Americans each year. Unless otherwise noted, this fact sheet reports 2019 data from the CDC, the most current verified data available at time of publication (January 2021).

47.511 Americans died by suicide making it the 10th leading cause of death.



- 2nd leading cause of death for ages 10-34
- 4th leading cause of death for ages 35-44
- 36.6% of people who died by suicide were 55 or older



12 million Americans have serious thoughts of suicide.

1.379 million Americans attempted suicide.

54% of Americans have been affected by suicide in some way.

Men died by suicide 3.63x more often than females.

Females were 1.66x more likely to attempt suicide.



60.29% of firearm deaths were suicides.

50.39% of all suicides were by firearms.

In 2019, the suicide rate was 1.5x higher for Veterans than for non-Veteran adults over the age of 18.



90% of those who died by suicide had a diagnosable mental health condition at the time of their death.

Among adults with a diagnosed mental health condition 43.8% did not receive mental health services in the past year.

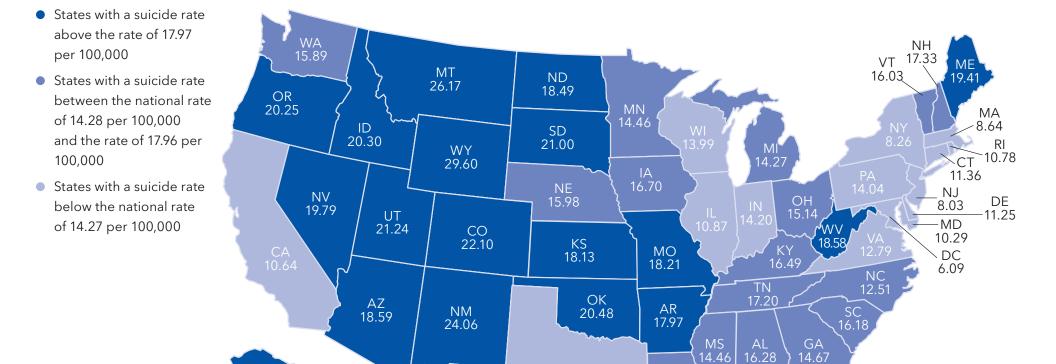
73.1% of the United States did not have enough mental health providers to serve residents in 2020, according to federal quidelines.



See full list of citations at afsp.org/statistics.



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HI 15.64

See full list of citations at afsp.org/statistics.

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